Future In Mind
Portsmouth

Our journey so far

1. The final report from this taskforce - Future in Mind - is important because it sets out how organisations need to work together to make sure you receive the best possible care.

2. Thanks to funding already secured there will be £2million to do this over the next five years.

3. A national Children and Young People's Mental Health Taskforce was established in September 2014. It's their job to look at ways to make it easier for you to get the help you need, when you need it.

Who is involved to make this happen?
NHS Portsmouth Clinical Commissioning Group, Portsmouth City Council, Solent NHS Trust and our voluntary service partners.
What do we want to do

Create a self-harm awareness campaign to let you know how we can help.

Provide a counselling service that will support children, young people, families and carers.

Improve infant mental health services.

Create opportunities for young people to support each other.

Have better support for women during and after pregnancy.

Improve the support we give young people with eating disorders.

Improve the skills of staff who work with children and young people.

Can I get involved?

Yes!

If you are under 19 let us know what you think at:
www.surveymonkey.co.uk/r/futureinmindCYP

If you are a parent or carer let us know what you think at:
www.surveymonkey/r/futureinmindPC

You can also email feedback and ideas to:
futureinmind@portsmouthcc.gov.uk