

The NHS is evolving all the time...

Hello everyone. Few could disagree that today's NHS delivers amazing things compared to a generation ago.

GPs routinely now perform procedures in their surgeries previously done in hospitals. People now leave hospital hours after an operation when once they would have been on a ward for weeks. Not so long ago, people might wait two years for a routine operation. I could go on.

Our vision as a CCG is to further improve your NHS. You can get a small taste of some of our work from the stories below but a much fuller picture from our annual report which you can access via a link below.

[Dr Jim Hogan, Chief Clinical Officer](#)



Our AGM

There's still time for you to register to attend our second AGM, but the first since we became a statutory body.

It's being held in St James' Hospital next Wednesday (September 17), from 6pm-8.30pm. It will include a Review of the year and presentations on Making The Money Go Round and Better Care Portsmouth. For details, click [here](#)

We need to keep track of numbers, so if you would like to attend and have not yet registered, please email jayne.collis@portsmouthccg.nhs.uk



Key documents published

We have published two major documents on our website recently. These include our:

- * [20/20 vision](#) five year plan to improve health and wellbeing in Portsmouth
- * [Annual Report](#) with a summary to follow very shortly.



Putting people back on their feet

We are reviewing the way we care for people who suffer injuries after falling over.

In partnership with South Eastern Hampshire and Fareham and Gosport CCGs, we are looking for feedback on the current falls service in the area from patients who have used it themselves or the people who care for them.

We are running a short survey and speaking to people to discuss what works well and what could be better.

Click [here](#) for details and to access the survey.



An 83-year-old Cosham falls victim

£200,000 for voluntary sector

Our CCG is to earmark another £200,000 for schemes to improve the city's health.

We are inviting charities and not-for-profit organisations to apply for grants of no more than £30,000 each for projects running up to one year which meet our health priorities.

To find out more, click [here](#)



We've signed up to safety

We have signed up to a national initiative to improve patient safety.

We are supporting Sign Up to Safety – which aims to help halve avoidable harm in the NHS over the next three years and save 6,000 lives.

We have made up to £400,000 available to our existing provider healthcare organisations to come up with schemes which develop and implement patient safety.

For the full story, click [here](#)



Drop-in session over future of SJH

St James' Hospital is to host a second drop-in session to give people the chance to find out about NHS Property Services' plans for redeveloping part of the hospital site.

The local NHS needs to make the best use of its estate and resources as it has surplus buildings and unused space on both the SJH and St Mary's Community Health Campus sites. Last week, we wrote to people in the 2,600 homes closest to the two sites to explain our plans.

The drop-in will be in the Lowry Centre at SJH from 3pm to 7pm on Wednesday September 24. The NHS will also be represented at the Milton Neighbourhood Forum meeting this Wednesday (Sept 17).



Better Care Portsmouth

Better Care Portsmouth will host an event at St James' Hospital from 10am to 1.30pm on Thursday October 2 to mark the six-month countdown to the launch of the Better Care Fund across England next April.

It offers the chance to question a panel of key local leaders and hear from guest speakers. Places are still available, particularly for those of you with an interest in care for frail older people and more vulnerable adults.

To apply, please email Bettercare@portsmouthcc.gov.uk

Better Care will reduce hospital admissions by joining health and social care support to help older and vulnerable people stay well and live independently. The city council and CCG will contribute £30m in the next two years.



Fighting post natal depression

In our previous round of grants to not-for-profit organisations, our lead GPs moved to plug a perceived gap in Portsmouth health services.

The CCG awarded nearly £24,000 to Respond Portsmouth, a group of health professionals who have come together to help support the women and families suffering with mild to moderate pre and post natal depression.

To read more, click [here](#)



NHS 111

If you don't need emergency treatment, there are many choices available to you for urgent care across Portsmouth.

Please call the NHS 111 service if you have an urgent care need but it's not serious enough for an ambulance or to go to the Emergency Department at Queen Alexandra Hospital.

There is also a lot of information on our website. Click [here](#)



Trapped in a 'spiral of dependency'

We are spearheading a new scheme to reduce the number of vulnerable older people admitted to hospital.

Our CCG is joining forces with Age UK and other public sector organisations to help older people with multiple long-term conditions to maintain their independence in a bid to scores of patients out of a "spiral of dependency."

Click [here](#) for more.



Memory collection

A new collection of resources has been launched for people living with dementia and those who care for them.

Funded by the CCG, the 'Memory Collection' includes reminiscence boxes, reminiscence cards, games and puzzles, sensory aroma cubes, Pictures to Share books and DVDs, activity books and information books for carers. It's available from Portsmouth Central Library.

Click [here](#) for details.



Club in a Pub scheme

A Portsmouth scheme which helps fight social exclusion is keep to attract new men members.

The Club in a Pub project which runs on Mondays at the Good Companion, Eastern Road, Milton, provides various activities including cards, quizzes, games and speakers.

Members pay just £1 a week for the part-funded NHS initiative, but organisers are keen to recruit more men.

To read more, click [here](#)



Our next board meetings in public

Our two remaining governing board meeting in public for this calendar year will be on Wednesday September 24 and Wednesday November 19. These meetings are held from 1pm to 3pm at St James' Hospital and are followed, at 3.15pm, by a 45-minute question and answer session.

Board papers will go on our website a week before the meetings. You can ask questions on the day or email in advance enquiries@portsmouthccg.nhs.uk

[Dr Tim Wilkinson](#), Chair of the Governing Board



Want to contact us now?

Of course, you don't need to wait for a governing board meeting to make contact with us.

There are a number of ways in which we try to stay in touch with you, share our news and seek your views.

Why not visit our website – www.portsmouthccg.nhs.uk and go to the **Join In** section, to find out more.

